

MORNING WATCH

Scripture says that God's mercy is new each morning. Each day is a fresh start to SEEK (and find) God.

During MORNING WATCH, find a place to sit. Say a simple prayer that God would open your eyes to God's presence.

Look around - where do you see God? What is moving around you? What colors do you see? What is growing? What else do you notice?

GROUP LEADERS:

Gather with your group. Go over the instructions, above. Give the youth five to ten minutes to go off to "watch."

Come back together to share about your experience.

Discussion: If you were to sum up that experience with one word, what would it be? Why did you choose that word? What did you notice? What was challenging? How can we continue to watch for God throughout our day?